

# KINGSLAND PARK

L–Left Turn R–Right Turn S–Straight X–Cross QL–Quick Left BL–Bear Left TL–Traffic Light T–Junction End > Becomes/Same As  
P–Pit Stop

Turn	Total Miles	Street	For	Turn	Total Miles	Street	For
L		Out of Boathouse Park Drive East		L		Bellwood (2nd TL)—bears R 3 blocks	
BR X		At fork before 110 <sup>th</sup> St. exit W. 110 <sup>th</sup> St. onto Lenox		L		Palmer (sign Kingsland Park)	
R L	3.4	W. 135 <sup>th</sup> St. Madison Ave		BL		Over RR	
X  x		Madison Ave Bridge—TAKE MIDDLE LANE (no sidewalk cut-in, Bronx side) Deegan—1 block		L R R	27.2 27.6	Into Park <b>LUNCH</b> Return over RR Palmer—2 blocks	
L	4.1	Grand Concourse entrance		R	29.2	Bellwood—3 blocks	
BR		184 <sup>th</sup> St. to service road—get in L turn lane after 199th St.		R		Rt.9 (steep uphill) > Broadway	
L	9.2	Bedford Park to T P op. Leighman College		R	33.6	Warburton--@RR sign Hastings & park benches	
R	9.3	Goulden to T		S		Warburton > Riverdale Ave.	
L	9.9	Sedgwick		L	41.0	Valentine 2 uphill blocks past Radford	
BR	10.1	Van Cortlandt – down hill		R	41.2	Broadway	
S	10.3	Van Cortlandt. Park So. @ TL		R	42.9	W.240 <sup>th</sup> St. P Van Cort. Stadium, #1 + #9 Trains	
R	10.6 10.8	Broadway—2 blocks to Stadium—P		L	43.1	Tibbett Ave. @ TL	
R		Broadway/Rt.9> into Yonkers		L	44.1	W.230 <sup>th</sup> St.	
L	12.0	Valentine @ TL to T		R	44.3	Broadway	
R	12.8	Riverdale >Warburton to T Rough road @Otis Park		X	44.5	Broadway Bridge at W.225—use sidewalk!!!	
		<b>ALTERNATE HILL ROUTE</b>		R	44.8	W.218 St.	
R	14.0	Manor House Sq. to T		L	45.0	Seaman to T P Inwood Hill Park on R	
QL		No.Broadway/Rt.9		L	45.8	Riverside / Dykman	
L	18.5	No.Broadway/Rt.9		QR		Broadway - A Train	
BL	20.0	No.Broadway/Rt.9 after downhill @ TL, Dobbs Ferry		R R	46.0 46.7	Bennett Ave. – up hill to T W.181 <sup>st</sup> St.—1 block	
S		Broadway to Tarrytown Eldorado Diner on R just after Thruway entrance P 914-332-5838 -OR-		X		<b>To BIKE PATH</b> Ft. Washington Ave.  -OR-	
	25.3	Tarrytown Gourmet pick up LUNCH on Main St., on L P		L R	47.0 47.7	Ft.Washington Ave.P bus terminal—A train W.165 <sup>th</sup> – down hill to TL	
S X		Broadway/Rt. 9 Beekman/Bedford		L	47.8	Riverside Drive	
BL		Rt.9 >downhill 3 blks		L	51.6	W. 90th St. to C. Park	

